



KERP II ACTIVITY COMPLETION REPORT



Funded by: German Rotary Club
Implemented by: Haashar Association

Acknowledgement

Haashar Association is grateful to the German Rotary Club and the people of the Federal Republic of Germany for their support in helping the flood-affected communities of District Lower Kohistan, KP who suffered losses during the Flash floods in late 2022. We express our deepest gratitude to Dr. Klaus Klennert for his financial cooperation despite his organization's involvement in dealing with the Ukraine crisis. We also want to thank Mr. Klaus Euler, a close associate of the Haashar Association, for his role in coordinating between the Haashar Association and The German Rotary Club to secure the funding.

This project aimed to assist and capacitate the women, children and youth of Kohistan who were impacted by the recent flash floods to confront any such disaster in future. We are thankful to the local volunteers of the Al- Khidmat Foundation who helped the Haashar staff in identifying the real beneficiaries. The support and sincere efforts of the Al- Khidmat Foundation were crucial in organizing various events and trainings.

We are particularly grateful to the Kohistani community for their cooperation in conducting sessions with children and women, despite strict local traditions and customs.

Overview of KERP II

KERP II is an expansion of the existing activities aimed at enhancing the local community's ability to withstand natural disasters. The Haashar Association's field teams conducted a thorough assessment of the needs in the different villages of Dubair Valley. Due to limited funding, the decision was made to prioritize the same activities already in place, reaching the remaining community members who had not yet benefited from German Rotary assistance. The plan also includes the formation of a strong group of local volunteers who can effectively respond to future natural disasters by improving coordination with local communities, networking with government agencies, and establishing a rapid disaster response system.

For this recent task, the Haashar Association's field team and volunteers executed a comprehensive assessment, this time venturing into remote areas to guarantee project benefits extend to a wider population

KERP II included following activities to benefit the targeted communities;

- 100 women in remote area received training on Health & Hygiene and were provided with an improved Hygiene Kit.
- On-the-spot medical facilities were given to 600 beneficiaries, including 200 children and 400 women, through a Medical Camp
- Health and Hygiene sessions were held for 100 boys and girls in other schools, along with the provision of school bags and stationery items
- Two sessions on advanced DRR strategies with practical approaches were conducted separately for the locally organized DRR response team to prepare for future disasters
- A specialized Two-Day Training on First Aid was organized for the local youth.
- Networking and collaboration with line agencies for better response

Activities Implementation

1: Session with 100 women on improved health and hygiene practices

After carefully selecting women beneficiaries through local volunteers in the Dubair Valley, the Haashar Association's volunteers and staff held several meetings with the local community. NGO representatives were not permitted to directly interact with the women in the community. Therefore, a local female health worker from the vicinity was identified, who conducted sessions on improved health and hygiene practices. 100

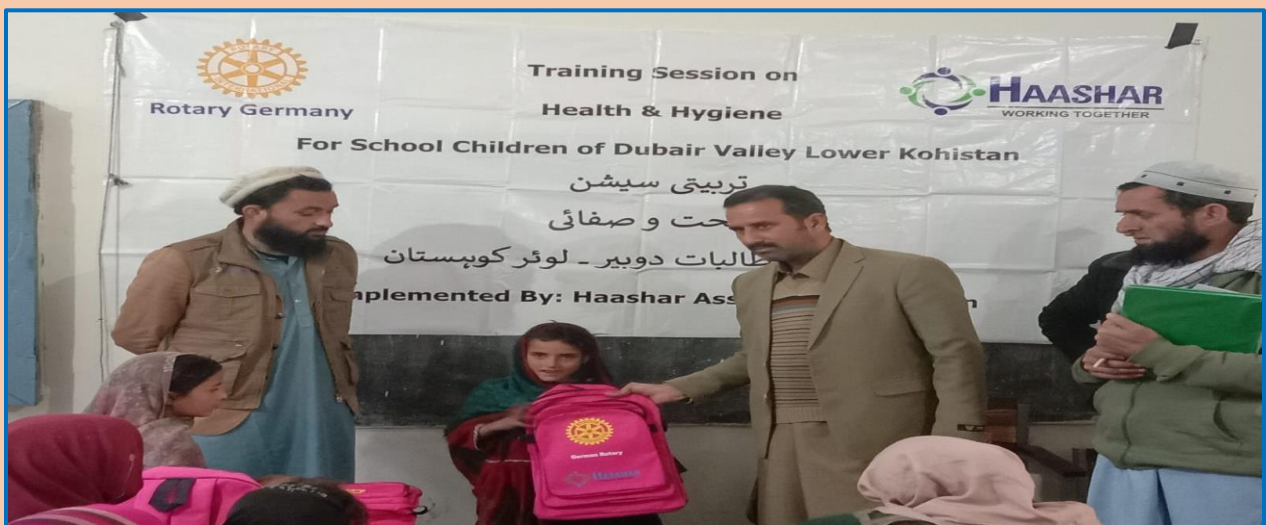
women participated in the session, due to the social and cultural norms of the Kohistani community, there was no photo coverage of the activity. The participation of local women in the activity was an encouraging step and a reflection of the tireless efforts of local volunteers. Additionally, women were also provided with health and hygiene kits for use at home.

2: Medical Camp for women and Children

Dubair Bala is a natural beauty loaded and remote village in the Kohistan Valley. The area is lacking many necessities and facilities, including medical care. The community, especially women and children, has no access to basic health facilities due to cultural and social constraints. Limited mobility also hinders them from receiving medical aid, resulting in an increased number of health issues, particularly among women. In response, a medical camp was organized to address some of the local community's health issues. Meetings were conducted with local health department officials to finalize essential medications for the camp, which were subsequently transported to Dubair Bala BHU by jeep and as head load.



A one-day Medical Camp was held at BHU Dubair Bala, with about 600 people (200 children and 400 women) attending and receiving free medication after a complete medical examination. The community appreciated the efforts and thanked the German Rotary and Haashar Association for organizing a successful camp, especially for the women of the area.



3. Health and Hygiene Session for Children/School bags and stationery items

After completing the selection process in Dubair Valley, Staff and volunteers of the Haashar Association held a series of meetings with the local communities. The students in each school were verified for their presence. Sessions on improved Health and hygiene practices were held at different locations, separately for boys and girls, in accordance with local traditions and norms. Children actively participated in the sessions and committed to sharing knowledge among their peers and siblings at home.



At the end of the session, each participant in the Health and Hygiene session was awarded a school bag and a pack of stationery items. The students were enthusiastic and committed to continuing their education. During the sessions, the children were provided with lunch and refreshments items to ensure their active involvement. Local volunteers from the Al Khidmat Foundation, who have deep-rooted contacts with the local communities, were very helpful in the identification, training, and distribution of the school bags/stationery items.

4. Session on DRR (Disaster Risk Reduction) and First Aid

DRR training is crucial for community youth to build resilience and preparedness for natural disasters and emergencies. Advanced training in DRR and First Aid is particularly necessary in areas prone to injuries, snake bites, burns, and water-related issues. Providing comprehensive DRR training empowers the next generation to become active agents of change in building disaster-resilient communities. After identifying and selecting 100 youth, they were trained in



different areas. 50 received advanced training on risk, vulnerability, resilience, and different types of natural disasters that can occur in the community. The other 50 were trained in First Aid and basic rescue skills, including administering CPR, treating wounds, and providing support in emergencies. Additionally, 8 DRR kits (Inclusive of a First Aid Box) were provided at the community level to respond to any disaster.

5. Networking and Collaboration with Local Authorities

A meeting took place with local authorities, including the representatives from Rescue 1122, the police station, and basic health unit and district disaster management authorities. Trained community youth were urged to form alliances with local authorities, emergency responders, and other community organizations to bolster their DRR endeavors and guarantee a unified response during any emergency situation.



A Few Glimpses of KERP II Activities



Girls with new School Bags in Dubair Bala



Little angels with new school bags



Distribution of School bags in local School



CEO Haashar Association addressing the training participants



Medicines arranged for distribution in Medical Camp



Children being examined during Medical Camp at Dubair Bala



Distribution of Certificates after the Training



Medical Specialist examining a patient in Medical Camp



Handing Over the First Aid Kit to Volunteer Groups



Demo on how to shift an injured person, First Aid Training



First Aid Kits for the Volunteer Groups



Stretchers being handed over to Kohistani Communities



How to use a BP Apparatus, Training



Transportation of Medicaines for Medical Camp



Bandages to an injured person, First Aid Training